

SCHEDULE OF SERVICES AND EVENTS

Friday, Nov 28	7 pm	Family Shabbat Service
Friday, Nov 28	8:15 pm	Shabbat Eve Service And Oneg Shabbat with Avrum and Mr. Kahn
Wednesday, Dec 3	7:30pm	Storytelling and Grief Eli Rubenstein
Saturday, Dec 6	10:00am	Bar Mitzvah of Ross Freeman, son of Victoria Ruby and Howard Freeman
Sunday, Dec 14	10:00am	Chanukah Party
Friday, Dec 19	7 – 7:45pm	Family Kabbalat Shabbat Service
Friday, Dec 19	8:15pm	Shabbat Eve Service And Oneg Shabbat

Saturday, Jan 10 10:00am Bar Mitzvah of Mathew
Rogers, Son of Lisa and
David Rogers

Friday, Jan 30 7 – 7:45pm Family Shabbat Service

Friday, Jan 30 8:15pm Shabbat Eve Service
And Oneg Shabbat

Saturday, Jan 31 p.m. Bat Mitzvah of Virginia
Edelstein Daughter of
Laura Rachlin and
Morry Edelstein

TWO VERY GOOD REASONS TO ATTEND THE NOVEMBER FRIDAY NIGHT SERVICE

Please join us for the November 28th Friday night service when we will be welcoming back Avrum Rosensweig, who has been recuperating from a heart attack that he sustained in the summer. This will be Avrum's first service back at Habonim, so let's give him a warm Habonim welcome!

Also, we plan on honoring Nathan Kahn for his over 50 years of service to Congregation Habonim, and will make a special presentation in his honor at the service, which we hope he will be able to attend.

MEMBERSHIP DUES

Due to the high cost of the upkeep of the building and other expenses, the membership dues will go up by 10% in January of 2009. Our fees have been frozen for over 5 years and the extra funds are required to keep our building safe. The new rates are as follows: \$475 for singles, \$825 for families. The new invoices will be sent out in mid December, and are due on January 31st. A late fee of \$50 will be added to all payments made after January 31st, 2009.

STORYTELLING & GRIEF: THE HEART BROKENLY LIVES ON

by Eli Rubenstein

National Director, March of the Living Canada
Religious Leader, Congregation Habonim

Wednesday, December 3, 2008, 7:30 p.m.

A noted storyteller, Eli Rubenstein is currently working on a collection of readings titled "The Heart Brokenly Lives On - Selected Readings for a House of Mourning". Resulting from over 15 years of research, this work contains 150 pages of stories, poems, and reflections from a wide variety of diverse sources, that deal with the challenge of coping with the loss of a loved one. Eli Rubenstein will discuss how stories and insights from various religious and secular traditions might help us approach the painful subject of a loved one's loss.

For further information please call:
Sheila Browne 416-638-7800 x202 (JF&C)
Please visit our website:
www.bereavedjewishfamilies.on.ca

c/o Jewish Family and Child, 4600 Bathurst Street,
Willowdale, ON M2R 3V3

CHANUKAH PARTY SUNDAY, DECEMBER 14 AT 10 A.M.

All children and adults are invited to attend Habonim's annual Chanukah party. Of special interest this year, will be a demonstration of the working of an ancient olive press. The olive press was used in Israel thousands of years ago to create olive oil, which, among other things, was used to light the menorah and chanukiyah.

ELI RUBENSTEIN

*Tikun Olam Award 2008 for his Outstanding
Achievement in Education*

Eli Rubenstein has touched the hearts and opened the minds of thousands of youth and adults as they march the three kilometers separating Auschwitz from Birkenau in Poland, and continue their educational experience in Israel. These trips have had a profound effect on participants, inspiring many of them to educate others about ways to counter social injustice and inequities in the world.

As National Director of the March of the Living, Eli facilitates the annual educational program that gathers thousands of Jewish youth from around the world. During each trip, participants honour the memory of millions of Jews and others who were victims of Nazi genocide and the Holocaust, by marching alongside survivors on Yom Hashoah, Holocaust Remembrance Day. Participants then continue their educational journey in Israel where they take part in commemorative and celebratory events marking Israel's Independence Day.

In addition, Eli is National Director of Education for the March of Remembrance and Hope, an educational initiative for students of diverse faiths and ethnic backgrounds that uses the study of genocide and the Holocaust in Germany and Poland as a platform to teach about the dire consequences

of hatred and prejudice.

Eli continues to educate audiences through literature and the arts. He has produced a collection of Holocaust songs “Songs for March of the Living” and a music video on the theme of peace. Eli is also a writer and talented storyteller, with columns and articles appearing in the Canadian Jewish News and local papers. He has been a guest on CBC Radio and Television and assisted the Oprah Winfrey Show in 2006 with a segment featuring Eli Wiesel's visit to Auschwitz – a show which was seen by tens of millions of viewers around the world. As an editor, Eli received a Canadian Book Award for “For You Died I must Live on ... Reflections of the March of the Living”, a collection of poetry, prose and art on the Holocaust.

Eli is the religious leader for Congregation Habonim, a liberal synagogue in Toronto founded by Holocaust survivors. He is involved with Ve'ahavta by helping to organize the annual Passover Seder for the Homeless, and has participated in two of Ve'ahavta's humanitarian programs in Zimbabwe and Guyana.

Ve'ahavta is proud to award Eli Rubenstein the 2008 Tikun Olam Education Award for his continued contribution to raising awareness and consciousness of the Holocaust.

WHEN I GOT ILL, I RARELY FELT ALONE

By Avrum Rosensweig

Throughout my life, I never got really sick. Then I had a heart attack.

It was strange being ill: those long and winding tubes, a lot of white coats rushing about, those beeping machines with squiggly lines you hope stay squiggly.

It was scary to wake up to a needle jabbing into my arm; to see a frustrated nurse hovering over me at 3 a.m. unable to find a vein. The Cardiac Care Unit (CCU). Man, what was I doing there? And the big thing - the way people looked at me, that look of grave concern, the one that made me realize, I was ill.

Scary and the unknown. That's what illness is.

But when I became ill, I rarely felt alone. Of course like most, I experienced the existential loneliness that illness brings on, those times when you realize it is only you who is having the heart attack, and nobody can relieve you of that pain or step in to take it away. Outside of that, or perhaps standing next to that, I was showered with love and unending expressions of caring.

That love actually goes way back to a time when my grandparents decided to leave their homes in Poland, a country with enormous hardships, for a country that personifies peace and gifts a' plenty? They were planning for future generations. I was it. I felt their presence.

That caring came in the form of the ambulance attendants and the hospital staff at Sunnybrook, medical personnel with resources that trump anytime in history. How fortunate am I to be living in Toronto, Ontario Canada in 2008? I am one of the luckiest people on the planet to have had the caring here from so many.

I had what I needed, including life saving pharmaceuticals, some very adept cardiologists, but mostly a constant flow of family and friends as visitors, phone calls and e-mails extending me a ref'uah shl'aimah (a full recovery).

Every morning and prior to going to sleep we thank God for giving us strength. Every month we make a blessing on the New Moon and ask for health. We make these prayers on a regular basis because health

is everything, and after that follows all else.

Job (the Biblical character) knew that. Read the story. Our prayers tell us that. Our body and mind state it clearly when one's heart is attacked, or an organ is under a cancerous siege.

And now that I have experienced illness, I share with those who are ill my sincerest wish that you should be well soon and be surrounded by many. I pray with all my heart for you who watch and tend to loved ones who are ailing, that you should be comforted through their healing, or find beauty and strength through the legacies they left you. I share with all of you the thought that health is everything – also that health and love is everything plus.

I thank you for your caring and good wishes while I was in the hospital, and afterwards. I am very grateful to the shul membership, executive and board, the staff and of course, Eli, all of who made my life better when it was so bad.

I was sick before, and then I experienced illness. But throughout that ordeal, I rarely felt alone. How lucky am I?

Sincerely, with great love

Avrum

P.S. Judaism says that when one visits the sick, 1/60th of their illness is taken away. The simple meaning of that is that when we feel taken care of, surrounded by others, our spirits lift and this can enable our body to heal quicker. Visit the sick! Adopt a patient. Teach your children to do the same. While I was in the hospital I saw many people who seldom, if ever received visitors. Call the Jewish Information Service at 416 635-5600 or Baycrest 416 785 - 2500 to find opportunities.

PERSONALIA

Mazal tov to **Roy and Jennifer Fisher** on the birth of a grand-daughter , baby daughter to **Adam and Sabrina Fisher**.

We extend our sympathy to The **Sutin family** on the passing of their father **Harold Sutin**.

Our deepest sympathy goes to **Evelyn Mendel** and family on the loss of her husband **Ben Mendel**.

Condolences to the **Van Der Hout family** on the passing of **Sylvia Van Der Hout**.

We mourn the passing of **Bella Tiefenbach**, mother of **Hanita Tiefenbach**. Our heartfelt condolences go out to the family.

DONATIONS

In Memoriam:

Our deepest sympathy to **David Sutin** and family on the loss of your father, **Harold Sutin - Cara and Paul Resnick**.

Our deepest sympathy to **Mr. and Mrs. M. Fazekas** on the loss of your father, **Zenek Taub - Cara and Paul Resnick**.

Aliyot:

Ursula Leinung, Clifford Lax, Sandra Barwin; Sam Lieberman; Joel Greenberg; Jonathan Loewenstein; Faye Wayne

OUR WEBSITE:

www.congregationhabonim.org

OUR E-MAIL ADDRESS:

office@congregationhabonim.org

To **SPONSOR AN ONEG SHABBAT** call
Saundra Levy at (905) 780-9425

To **SEND GREETING CARDS and
DONATIONS**

call Rhoda Sion at (416) 782-9663 or write to
716 - 660 Eglinton Ave. W., Toronto M5N 1C3

Are you **MOVING, CHANGING** your
ADDRESS OR PHONE NUMBER?

Call Dianne Erdos-Rush at (416) 630-7921
or e-mail to: dijer@sympatico.ca

TO BUY A LEAF FOR EITZ CHAIM for any
occasion call Miriam Ostrow at (416) 661-0949
Leaf \$175

QUESTIONS OR NOTICES RE JAHRZEITEN?
Call Linda Brager at (416) 488-0282

JAHRZEITEN

*To be read at upcoming services in November/
December/January*

Bruno Zacharias	Cheshvan 4	November 2
Alfred Altman	Cheshvan 5	November 3
Rosa Justitz	Cheshvan 6	November 4
Richard Goranson	Cheshvan 6	November 4
Rae Weingluck	Cheshvan 8	November 6
Mire Katchen	Cheshvan 9	November 7
Selma Bondy	Cheshvan 9	November 7
Louis Fischhoff	Cheshvan 11	November 9
Rosen Sonia	Cheshvan 11	November 9
Yitzhak Rabin	Cheshvan 12	November 10
Ellen Spilkin	Cheshvan 13	November 11
Faye Kohn	Cheshvan 13	November 11
Hilde Herman	Cheshvan 13	November 11
David Storm	Cheshvan 14	November 12
Sylvia Grant	Cheshvan 14	November 12
Paul Sutton	Cheshvan 16	November 14
Jacob Hirsh	Cheshvan 16	November 14
Sol Rowan	Cheshvan 16	November 14
Margarethe Lowenthal	Cheshvan 17	November 15

Herman Rosenthal	Cheshvan 17	November 15
Johanna Rosenthal	Cheshvan 17	November 15
Sylvia Fox	Cheshvan 18	November 16
Henry (Heinz) Weiss	Cheshvan 20	November 18
Barney Egnal	Cheshvan 22	November 20
Isadore Hanutin Arthur	Cheshvan 22	November 20
Sommer Rotenberg Alfred Charles	Cheshvan 22	November 20
Cowan	Cheshvan 22	November 20
Inke Feldman	Cheshvan 22	November 20
Samuel Poslushny	Cheshvan 22	November 20
Fritzie Weiss	Cheshvan 23	November 21
Joseph Levy	Cheshvan 23	November 21
Israel Stein	Cheshvan 23	November 21
Veronica Popper	Cheshvan 24	November 22
Sarah Buium	Cheshvan 24	November 22
Louis Gladstone	Cheshvan 25	November 23
Fritz Weinlaub Solly and Flora Rosen	Cheshvan 25	November 23
Margo Barnett	Cheshvan 26	November 24
Carla Blum	Cheshvan 28	November 26
Louis Hahn	Cheshvan 28	November 26
Sam Slavin	Cheshvan 29	November 27
Leah Kernerman	Cheshvan 29	November 27
Leo Bloch	Kislev 1	November 28
David Hurowitz	Kislev 3	November 30
Lisl Landecker	Kislev 3	November 30
Helen Marcovitch	Kislev 6	December 3
Mannie Hershberg	Kislev 6	December 3
Ora Linder	Kislev 7	December 4
Samuel Skudwick	Kislev 10	December 7
Albert Feldman	Kislev 10	December 7
Gunther Rosen	Kislev 12	December 9
Aldoph Cige	Kislev 12	December 9
Jehuda Lewkowicz	Kislev 14	December 11
Herman Weinlaub	Kislev 14	December 11
Samuel Sivitz	Kislev 16	December 13
Rae Sandler	Kislev 16	December 13
Solomon Ram	Kislev 17	December 14
Zacharias Gottlieb	Kislev 17	December 14
Julius (Israel) Weiss	Kislev 19	December 16
Leslie Adler	Kislev 20	December 17
Kurt Fleischer	Kislev 20	December 17
Nicholas Beer	Kislev 20	December 17
Jeanette Brucker	Kislev 20	December 17
Tillie Cherm	Kislev 21	December 18

Moses Vijevaro	Kislev 22	December 19
Joseph Finer	Kislev 25	December 22
Morton Lebowitz	Kislev 25	December 22
Walter Levy	Kislev 26	December 23
Isaac Wilinofsky	Kislev 27	December 24
Henry Galler	Kislev 27	December 24
Al London	Kislev 28	December 25
Louis Mactinger	Kislev 28	December 25
Sheilah Freedman	Kislev 29	December 26
Kurt Barnett	Kislev 29	December 26
Pearl Marcus	Kislev 29	December 26
Soloman Alexander		
Kohn	Kislev 29	December 26
Helen Lennhoff	Kislev 29	December 26
Harold Levy	Kislev 29	December 26
Philip Granovsky	Tevet 1	December 28
Evelyn Dennis	Tevet 3	December 30
Kaethe		
Levy-Weinlaub	Tevet 4	December 31
Edith Rogers	Tevet 5	January 1
Elsa Leinung	Tevet 5	January 1
Regina Bloch	Tevet 10	January 6
George J. Beer	Tevet 10	January 6
Myer Sugerman	Tevet 10	January 6
Fred Justitz	Tevet 11	January 7
Artur Aaron		
Wittekind	Tevet 12	January 8
Leon Fleischer	Tevet 12	January 8
Richard Morton	Tevet 13	January 9
Adele Buium	Tevet 14	January 10
Martin M. Stern	Tevet 15	January 11
Harry Spector	Tevet 17	January 13
Harold Miller	Tevet 18	January 14
Dora Koch	Tevet 18	January 14
Mildred Fleischer	Tevet 18	January 14
Eve Ross	Tevet 19	January 15
Danielle Fisher	Tevet 20	January 16
Kaye Katchen	Tevet 21	January 17

Josef Braun	Tevet 21	January 17
John Penfield	Tevet 22	January 18
Hugo Abels	Tevet 23	January 19
Julius Leinung	Tevet 23	January 19
Sam Milgrom	Tevet 24	January 20
Sally Lees	Tevet 25	January 21
William Ostrow	Tevet 26	January 22
Hershel Ross	Tevet 27	January 23
Marie Ader	Tevet 27	January 23
Harriet Sommer	Tevet 28	January 24
Rose Kopelman	Tevet 29	January 25
Sigmund Marx	Tevet 29	January 25
Nick Watson	Tevet 29	January 25
Rosalyn Galler	Shevat 1	January 26
Charles Mint	Shevat 3	January 28
Morris Freeman	Shevat 4	January 29
Barbara Parieser	Shevat 4	January 29
Irving Glucklick	Shevat 4	January 29
Dinah Ram	Shevat 6	January 31
Frank Kohn	Shevat 6	January 31

In mourning:

Percy Weinstein, Sydney Kuttner, Naomi Wilson,
David Kachuck, May Marx, Ken Kagen, Mary
Slomen, Abraham Nachamovitz, Sam Cukier,
Rae Steuermann, Jack Litvack, Joyce Kuttner,
Peter Barsony, Ben Mendell, Sylvia Van Der Hout,
Bella Tiefenbach

Information and contributions to THE BULLETIN?
call Erika Erdos at 416-787-0527
e-mail eerdos@sympatico.ca

Deadline for contributions to the next Bulletin:
Wednesday, February 4, 2009

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