

SCHEDULE OF SERVICES AND EVENTS

Thursday, Oct 4	7:15 pm	Simchat Torah	Saturday, Oct 27	10:am	Bar Mitzvah of Jake Goldberg, son of Lori and Richard Lewis
Saturday, Oct 6	p.m.	Bar Mitzvah of David Tweg, son of Tara Tweg	<u>JEWISH ESTATE PLANNING: HOW TO DO IT RIGHT - FROM A LEGAL, TAX AND ETHICAL PERSPECTIVE</u>		
Saturday, Oct 13	10:00am	Bat Mitzvah of Brooke Gangbar Iwan, daughter of Natalie Gangbar	Wednesday, October 24th at 7:30pm		
Saturday, Oct 13	p.m.	Bar Mirzvah of Adam, son of Elisa and Gilbert Palter	What is Jewish Estate Planning?		
Friday, Oct 19	6:45 pm	Pot Luck Dinner and Family Service	It is the idea of planning how to leave a strong legacy of your good name, good deeds, and hard work.		
Saturday, Oct 20	10:00am	Bar Mitzvah of Jesse Erdos-Rush, son of Dianne Erdos-Rush and Jerry Rush	Learn how to avoid family conflict between your children and grandchildren. Learn the best strategies for building more personal wealth by minimizing tax. Learn how to put tikun olam "repairing the world" into practice by making a lasting impact on your community.		
Wednesday, Oct 24	7:30 pm	Jewish Estate Planning	Hear from leading experts in their field:		
Friday, Oct 26	8:15 pm	Shabbat Eve Service And Oneg Shabbat	<ul style="list-style-type: none"> • Eli Rubenstein and Avrum Rosensweig - Both of Habonim's spiritual leaders teach how to bring Jewish values to your Estate Plan • Brian Cohen - Estate Planning Partner at Borden, Ladner, Gervais - one of Canada's largest law firms • Sam Lieberman - Chartered Accountant with over 30 years experience in Estates • Ted Rechtshaffen - President and CEO of Estate Planning firm TriDelta Financial Partners 		
			Who should attend?		
			Retirees AND their children will find this event to be of tremendous value - both in terms of learning and as a		

conversation starter. Estate Planning is most successful when parents and their adult children are both involved in the process.

Find out YOUR likely estate size and lifetime tax bill. Visit the TriDelta website at www.tridelta.ca and click on "find the answers" in the "TriDelta Estate 100" section. If you are already retired or close to retirement, you can use this anonymous tool to get a good estimate of how much you will likely be leaving in your estate, and also the likely size of your lifetime tax bill.

Don't miss this great event!!

There is no cost to attend and light refreshments will be provided.

Please RSVP by October 17th. To RSVP, contact Claire at 905-901-3429 or by email at: claire@tridelta.ca.

HIGH HOLIDAYS 5768

By Avrum Rosensweig

We look at life during the High Holiday season the same way we examine an insect through a magnifying glass. We stare at it, pulling the instrument back so that the image in front of us grows and we adjust it ever so slightly, until we see the object of our desire clearly. Those were big days, the High Holidays - one sensed their majesty surrounding us. The sun shone through the stained glass windows of our synagogue and one felt as though God has made his way into our humble surroundings.

We spoke freely about our feelings, our aspirations, our strengths and weaknesses. The human condition flourished so that conversation was rich, detailed, significant and meaningful.

During Rosh Hashanah, Yom Kippur and the days that follow, the world in which we live seems to grow. We seem to be peering down through the microscope at our life and it appears to be so much larger than we are. Those sitting next to us in shul take on a greater significance as we pray for forgiveness, for another year of life, for a better world.

The more we become aware of our existence, the more we recognize that those outside of us are asking for the same thing. We hear their voices; we watch their lips moving as they pray or meditate, or speak to another

person about their hopes.

During Rosh Hashanah, Yom Kippur and the days afterwards we seem to put life into perspective. Like the insect we see under the thick glass, we realize that there is so much more to our existence than just ourselves. Our eyes open widely in recognition that we are tiny specks in the context of history and the vastness of our world.

Now that the holidays are over, consider that we might just be under somebody else's magnifying glass. Some might say we are watched closely by God, others, by those we love. Perhaps it is we who are watching, staring back at ourselves - through introspection and curiosity attempting to figure out who we are, how we are doing in life, and where the next road could lead us.

Take these days seriously. Millions around the world do, as can be seen by the overflow of people in synagogues and temples everywhere. Think about where you fit in the world, and whether you are maximizing your gifts. Challenge yourself, like an ant, who carries ten times its weight. Realize that the most important outfit you can wear anytime is the one stitched with threads of decency and caring.

May you and your loved ones have a sweet, healthy and prosperous year and let us hope for peace in Israel and in the world.

L'shana tova - Avrum

COOKING KINDNESS, HEROES IN THE KITCHEN

My name is Gloria Guttman and I am a proud member of Habonim Congregation. I have published an interesting cook book this past year, the proceeds of which will go to an amazing organization: **Israel Cancer Research Fund, ICRF**. . . and to Habonim.

This cookbook, *COOKING KINDNESS - Heroes in the Kitchen*, puts a whole new spin on the word hero. It is a tribute to heroic cancer survivors, and also to those who fought this terrible disease but unfortunately did not win the battle. They were heroes to all the wonderful cooks who contributed to *COOKING KINDNESS*. I am honoured to play an integral role in blending the magic of cooking with the spirit of unsung heroes.

ICRF supports groundbreaking innovative cancer research conducted by outstanding scientists in Israel. All their discoveries, and there are many new ones, are implemented across the globe. Check out the brochures. ICRF has funded two Nobel Prize winners who have produced drugs that directly target cancer cells. These brilliant scientists are great heroes, they are extending and saving millions of lives!

I encourage you to buy this unique cookbook, as the total net proceeds raised from the sale of *COOKING KINDNESS* will fund scientific cancer research and also benefit Habonim.

Please help to trail blaze towards a cure. You and all those who will use these recipes will be heroes in the kitchen and in my heart.

Please see Elizabeth to view *COOKING KINDNESS Heroes in the Kitchen*, and there are order forms and brochures ...or you may want to call directly to 416 440 7999

with appreciation: Gloria Guttman

"HIGH HOLIDAY VOLUNTEER THANK YOU'S"

Eve and Robert Hurowitz, Lucas and Jake Morissette, Susan Cadsby and Victor Goldman for setting up all of the chairs on September 9th.

Lottie Watson, George Popper, Art Linder, Sandra Levy, Dianne Erdos-Rush, Erika Erdos and Andrew Szende for being the Captains of the services.

PERSONALIA

We extend our condolences to Arlene Weisberg and family on the death of her mother Rachel Stern.

We extend our best wishes for a quick recovery to Larry Clements. Larry had surgery on one of his legs.

DONATIONS

Shana tova, a healthy and happy New Year to all my friends and members of Habonim, **Edith Rosen**.

We wish all our friends and members of Habonim good health, happiness and peace, **Freda and Walter Steuerman, David and Rumi**.

Erika Erdos and family wish you all a year filled with good health, happiness and peace.

In memoriam:

In memory of my dear husband Steve on the occasion of his first Jahrzeit, **Erika Erdos**.

SAVE THE DATE!!

Future events to put into your calendar:

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| Oct. 4 | “Simchat Torah” - family service and celebration |
| Oct. 19 | “Pot Luck dinner and Family Service” |
| Nov. 10 | 8:00PM, "I Will Love You Until My Last Breath" - The Last Written Words of Holocaust Victims, with Carla Wittes, the Director of the Centre for Diversity |
| Dec. 9 | “Chanukah Party” - enjoy latkes, arts and crafts, music and fun |
| Mar. 20-08 | “Purim” - family service and celebration |
| June 8-08 | “Shavuot” |

Coming to the synagogue soon - “Children’s Frequent Service Club Cards” enjoy services with the family and collect points – details to follow!!

OUR WEBSITE:

www.congregationhabonim.org

OUR E-MAIL ADDRESS:

office@congregationhabonim.org

To **SPONSOR AN ONEG SHABBAT** call
Saundra Levy at (416) 665-5595

To **SEND GREETING CARDS and DONATIONS**
call Rhoda Sion at (416) 782-9663 or write to
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Are you **MOVING, CHANGING** your
ADDRESS OR PHONE NUMBER?

Call Dianne Erdos-Rush at (416) 630-7921
or e-mail to: dijer@sympatico.ca

TO BUY A LEAF FOR EITZ CHAIM for any
occasion call Miriam Ostrow at (416) 661-0949
Leaf \$175

QUESTIONS OR NOTICES RE JAHRZEITEN?
Call Linda Brager at (416) 488-0282

JAHRZEITEN

To be read at seivces in October, 2007

Willie Holz	Tishrei 19	October 1
Kevin Ford	Tishrei 20	October 2
Elsie Moldauer	Tishrei 21	October 3
Celia Sufirin	Tishrei 21	October 3
Georg, Rosa, & Ruth Herman	Tishre 22	October 4
Murray Lerman	Tishrei 22	October 4
Oscar Sennett	Tishrei 23	October 5
Rosa Vogel	Tishrei 23	October 5
Sandra Emas	Tishrei 24	October 6
Steven Erdos	Tishrei 25	October 7
Erwin Pollack	Tishrei 27	October 9

Wolfgang Pelz	Tishrei 2	October 9
Eric Sidney Helfield	Tishrei 27	October 9
Sydney Warren	Tishrei 28	October 10
Anne Orenstein	Tishrei 28	October 10
Ezra Goldberg	Tishrei 28	October 10
Matilde Kindermann	Tishrei 28	October 10
Hugo Freund	Tishrei 28	October 10
Anna Ormsby	Tishrei 28	October 10
Laszlo Neumann	Tishrei 29	October 11
Bertha Goodman	Tishrei 29	October 11
Yetta Goldman	Tishrei 29	October 11
Emil Vogel	Tishrei 29	October 11
Fanny Kendall	Cheshvan 1	October 13
Elik Zwiebel	Cheshvan 1	October 13
Marjem Zwiebel	Cheshvan 1	October 13
Bruno Zacharias	Cheshvan 4	October 16
Alfred Altman	Cheshvan 5	October 17
Rosa Justitz	Cheshvan 6	October 18
Richard Goranson	Cheshvan 6	October 18
Rae Weingluck	Cheshvan 8	October 20
Mire Katchen	Cheshvan 9	October 21
Selma Bondy	Cheshvan 9	October 21
Louis Fischhoff	Cheshvan 11	October 23
Rosen Sonia	Cheshvan 11	October 23
Yitzhak Rabin	Cheshvan 12	October 24
Ellen Spilkin	Cheshvan 13	October 25
Faye Kohn	Cheshvan 13	October 25
Hilde Herman	Cheshvan 13	October 25
David Storm	Cheshvan 14	October 26
Sylvia Grant	Cheshva 14	October 26
Mayer Schneider	Cheshvan 15	October 27
Paul Sutton	Cheshvan 16	October 28
Jacob Hirsh	Cheshva 16	October 28
Sol Rowan	Cheshvan 16	October 28
Margarethe Lowenthal	Cheshvan 17	October 29
Herman Rosenthal	Cheshvan 17	October 29
Johanna Rosenthal	Cheshvan 17	October 29

In mourning:

Sam Slavin, Samuel Sivitz, Sam Milgrom, Frank Kohn,
Sender Balberman, Joseph Brager, Phillip Gibson,
Louis Libman, Marcus Goldberg, Miriam Burrows,
Otto Fleisher, Jack Jacobson, Rachel Stern,
Dr. George Lednar

Information and contributions to THE BULLETIN
call Erika Erdos at 416-787-0527, fax 416-787-9640
e-mail eerdos@sympatico.ca

Deadline for contributions to the next Bulletin:
Tuesday, October 9, 2007

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