

SCHEDULE OF SERVICES AND EVENTS

Friday, March 30 8:15pm Shabbat Eve Service and
Oneg Shabbat

Saturday, March 31 10:00am Bar Mitzvah of Marshall,
son of Carrie Schipper &
Alexander Torgow

Sunday, April 1 10:00am Youth Seder

Tuesday, April 3 6:00pm Habonim & Ve'ahavta
Seder

Tuesday, April 10 10:00am Yiskor Service

Friday, April 13 7:00pm Family Shabbat Service

Saturday, April 14 10:00am Bar Mitzvah of Adam
Galler Tough Son of
Karen Galler &
John Tough

Saturday, April 14 7:00pm Bar Mitzvah of
Nathan Margulis.
Son of Mike Margulis

Sunday, April 15 Yom Hashoah commemoration
At Earl Bales Park

Friday, April 20 6:30pm Family Shabbat Dinner
and Service

Saturday, April 21 10:00am Bar Mitzvah of Gabriel
Slilowicz, Son of Lorraine
and Kevin Slilowicz

Friday, April 27 8:15pm Shabbat Eve Service and
Oneg Shabbat

Saturday, April 28 10:00am Bar Mitzvah of Lewis
Glatt, son of Jodi Lees
and Richard Glatt

HABONIM & VE'AHAVTA'S ANNUAL CONGREGATIONAL PASSOVER SEDER

Led by Avrum & Eli

"All Who Are Hungry Let Them Enter and Eat"
The Passover Hagadah

If you do not have plans for the second night of
Passover, please join us for a very special Seder.

For those of you haven't been to a Habonim seder
before, it's a really festive and celebratory event!

The Seder is filled with singing and storytelling/discussion around the theme of physical and/or spiritual freedom - and of course enjoying the traditional Passover delicacies. So arrive hungry, in good singing voice, and with some personal thoughts on the meaning of freedom to you!

As we celebrate our holidays, our tradition asks that we include those less fortunate than ourselves. The Passover Seder at Habonim will be attended by Jewish families from the general community who have no place for a Passover Seder, as well as members of Toronto's homeless population.

The Seder is to be led by **Avrum Rosensweig** and **Eli Rubenstein**, and is held in co-operation with Ve'ahavta: The Canadian Jewish Humanitarian & Relief Committee.

Date: Tuesday, April 3, 2006 (2nd night of Passover)

Time: 6:00pm

Place: Congregation Habonim, 5 Glen Park Avenue

Cost: to Members: \$25.00 per person.

To reserve your space, please call 416-782-7125, and leave a message for Elizabeth.

SPECIAL SHABBAT FAMILY DINNER APRIL 20, 2007

We had over 100 members and guests at our last dinner-Shabbat Service. Make a note of the date of our next dinner-Service.

Please join us for a special Shabbat Family dinner at 6:30 pm, On Friday April 20, 2007.

We will combine this with the special Family Shabbat service for the enjoyment and inclusion of young children.

Bring the family, bring your parents, or even bring a friend.

This is an opportunity to meet other members and their families and share the spirit of Shabbat with your family.

KINDNESS IN MANY FORMS

By Avrum Rosensweig

"To pull a friend from the mud, don't hesitate to get dirty."

Ba'al Shem Tov

This quote is from the founder of the Chasidic movement and personifies the importance of sacrificing and committing oneself to assisting others when called upon to do so - to being kind!

I have been fortunate to witness many examples whereby an individual acted in such a manner - truly putting oneself out to help another person. A couple of examples:

❖ While working on the United Jewish Appeal campaign during Operation Exodus (the campaign to underwrite the rescue of Soviet Jews in the early 90s) I learned about a family who took a bank loan in order to make a large donation to the campaign and to aid a family fleeing from the uncertainty of a Glasnost and Perestroika;

❖ I worked with a volunteer who began paying a friend's mortgage when she learned that the family had fallen on hard times, despite the fact that the donor was far less than affluent.

"Whenever I met someone for whom my heart felt no affection, I forced myself to speak kindly to this person, so my heart would feel affection."

Joel Ben Abraham Shemaria

Kindness comes in many forms. Often it is evident through the monetary actions of a person (as in the examples of above), and other times through someone's behaviour.

Although we do not know what occurs in the souls of humankind, it is safe to say that many people are constantly working on themselves to upgrade their

character so as to become kinder. The quote above is one such example.

Indeed, how decent it is to express words of kindness to an individual whom you feel 'no affection' for. In intimate conversations with loved ones, I am often privy to hearing about acts of kindness that stem from such a place. A friend told me she smiles at people as she walks, trying to bring some joy into their lives and lift the heaviness that so frequently accompanies those we share our space with.

Kindness is also inherent to our surroundings and occurs around us even when we are unaware it is happening. A classic story is told in the Yalkut Shimoni as follows: When King David had finished writing the Book of Psalms, he was filled with a great pride and said, "Lord of the Universe, do You have another creature who sings more praise of You than I?"

Then God sent a frog to David. The frog, croaking, said, "Do not be so filled with pride. I sing the praises of my Creator more than you do. And in addition, I perform a great deed when my time to die comes. At that point, I go down to the sea and allow myself to be swallowed by one of the sea's creatures. In this way, even my death is an act of kindness."

Kindness calls out to us. It gives us the opportunity to strengthen our world and ourselves. Being a member of a shul offers us a place, and a community where we can practice our kindness. Be conscious and aware of when such a chance is before you. Grab onto the prospect of doing a kind act as if it were a gold coin lying at your feet.

We look forward to seeing you at Congregation Habonim's services and cultural programs. We are a kind place with many opportunities to partake in thoughtful and compassionate activities.

"Accustom yourself to speak gently to all people at all times."

Nachmanides

PERSONALIA

The board would like to congratulate Ted and Catherine Rechtshaffen on the birth of their new son Owen Findlay born on March 3rd. A welcome addition for his older sister and brother. Congratulations!

Our deepest sympathy to Penny Balberman and family on the death of her father Sender Balberman

We wish to extend our condolences to Mark Brager and family on the loss of his father Joseph Brager in Calgary.

DONATIONS

Greetings:

Mazeltov to Howard Mammon and family on the birth of their daughter Aviva – Eve and Bob Baxter

In Memoriam:

In loving memory of Dora Koch, Moses Vijevano, Franz Koch and Siegmund Koch - Ro and Robert Koch

In loving memory of Syrel Greene - Richard Green

In memory of Morris Eisen - Sam and Anita Lieberman, and Elaine and John Danson

In memory of Meta Baumann - Ruth Linz

Deepest sympathy to Penny Balberman on the death of her father - Saundra Levy

In loving memory of Alfred Jakabb, a dear brother and brother-in-law - Alice and Eric Jakabb

ONEG SHABBAT SPONSORS MARCH 30

Andrea & Neil Iscoe and family

OUR WEBSITE:

www.congregationhabonim.org

OUR E-MAIL ADDRESS:

office@congregationhabonim.org

To **SPONSOR AN ONEG SHABBAT** call
Saundra Levy at (416) 665-5595

To **SEND GREETING CARDS and DONATIONS**
call Rhoda Sion at (416) 782-9663 or write to
716 - 660 Eglinton Ave. W., Toronto M5N 1C3

**Are you MOVING, CHANGING your
ADDRESS OR PHONE NUMBER?**

Call Dianne Erdos-Rush at (416) 630-7921
or e-mail to: dijer@sympatico.ca

TO BUY A LEAF FOR EITZ CHAIM for any
occasion call Miriam Ostrow at (416) 661-0949
Leaf \$175

QUESTIONS OR NOTICES RE JAHRZEITEN?

Call Linda Brager at (416) 488-0282

Joan Blidner	Nisan 16	April 4
Helene Joy Grossman	Nisan 17	April 5
Hyman Ormsby	Nisan 17	April 5
Jerry Zweig	Nisan 17	April 5
Leon & Marie Urstein	Nisan 17	April 5
Evelyn Wilchesky	Nisan 18	April 6
Sarah Bell	Nisan 18	April 6
Gertrude Schneider	Nisan 18	April 6
Annie Hastofsky	Nisan 18	April 6
Leonard Vyner	Nisan 19	April 7
Samuel Shatz	Nisan 22	April 10
Morris Lams	Nisan 23	April 11
Fritz Heichelheim	Nisan 24	April 12
Earl Greenberg	Nisan 28	April 16
Elizabeth Klein	Iyar 1	April 19
Jack Van Der Hout	Iyar 1	April 19
Alfred Laufer	Iyar 1	April 19
Freda Ain	Iyar 1	April 19
Daniel Buium	Iyar 3	April 21
Willy Lobel	Iyar 5	April 23
Gangolf Herman	Iyar 7	April 25
Andrew Leufer	Iyar 9	April 27
Dennis Grant	Iyar 9	April 27
Richard Spitz	Iyar 11	April 29
Steve Jussem	Iyar 12	April 30
Erica Reider	Iyar 12	April 30

JAHRZEITEN APRIL 2007

To be read at the service on April 27, 2007

Maria Paula Clavir	Nisan 13	April 1
Morris Buium	Nisan 14	April 2
Nathan Ostrow	Nisan 14	April 2
Elvira Weiss	Nisa 14	April 2
Olga Spitzer	Nisan 15	April 3
Fillip, Lucia, and Tommy Gottlieb	Nisan 15	April 3

In mourning:

Tina Patton, Gretta Han, Steve Erdos, Erwin Pollack,
Sam Slavin, Samuel Sivitz, Frank Kohn, Sender
Balberman, Joseph Brager, Phillip Gibson.

Information and contributions to THE BULLETIN?
call Erika Erdos at 416-787-0527, fax 416-787-9640
e-mail eri.steve@rogers.com

Deadline for contributions to the next Bulletin:
Wednesday, April 11, 2007

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